

Scents & Sensibility

Air fresheners and other scent enhanced products are not permitted in child care facilities. These products are known to cause harm to individuals in small doses and over long periods of exposure. The chemicals released from scented products enter the body via the lungs or skin and can cause respiratory issues or skin irritation. Prolonged exposure is also associated with the development of cancer and asthma.

You might not mind the smell but some do:

- Scents can trigger asthma attacks in some people
- Allergic reactions can occur including sneezing, coughing and wheezing
- Scents can trigger severe headaches
- Rashes can develop if direct contact with skin occurs



Prohibited products include but are not limited to:



- Aerosol sprays
- Plug-ins
- Candles
- Essential oils
- Gel cones
- Organic items (i.e. citrus peels)
- Incense
- Moth balls
- Urinal blocks
- Cooking scents utilized for odor control (i.e. vanilla extract, almond extract)

Actions you can take to avoid the need for air fresheners:

- Ventilate rooms with fresh air whenever possible (weather permitting)
- Keep rooms clean and free of trash accumulation
- Immediately remove source of odor
- Utilize a covered trash can and/or diaper pail



For more information, refer to the following links:

Colorado Regulations: <http://www.tchd.org/DocumentCenter/View/260>
CDC: <https://www.cdc.gov/niosh/topics/indoorenv/chemicalsodors.html>
Caring for Our Children: <http://cfoc.nrckids.org/StandardView/5.2.1>
Poison Control: <http://www.poison.org/>